

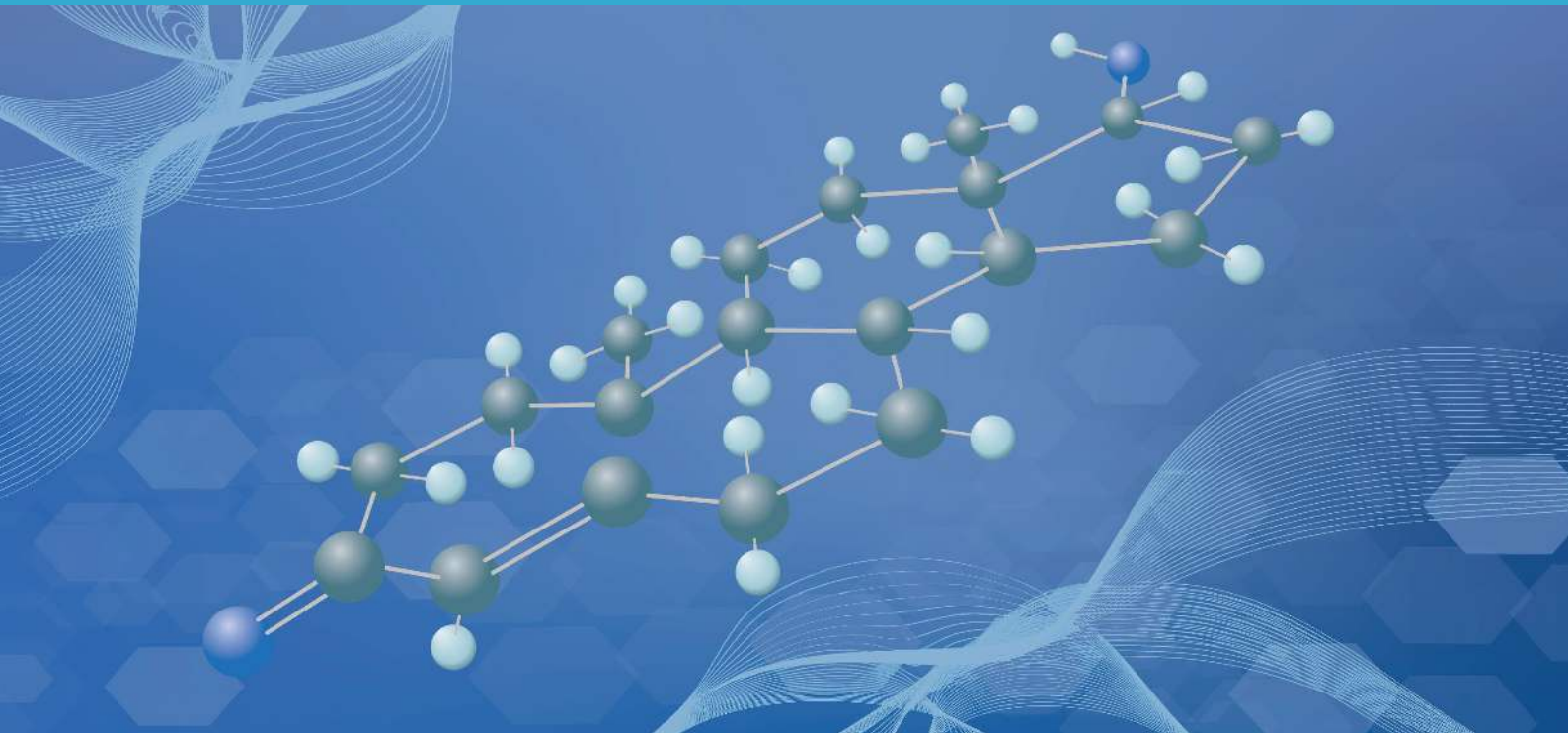


# Testosterone Therapy and Men's Health Congress

8-9 November 2024

Kimpton de Witt Amsterdam, Amsterdam, Netherlands

UNDER THE LEADERSHIP OF: Abraham Morgentaler, MD, FACS



## SCIENTIFIC ADVISORY COMMITTEE

Abdul Traish, PhD

Michael Zitzmann, MD, PhD, FRSM, FECSM

[www.t4leducation.com/amsterdam](http://www.t4leducation.com/amsterdam)

## Welcome Message

Dear Colleagues,

I am delighted to welcome you to the Testosterone Therapy and Men's Health Congress. This meeting is modeled after a highly successful course I lead in the United States, where we address important and cutting-edge topics, all taught by an outstanding faculty. I am thrilled to bring this educational event to Europe for the first time.

The goal of this congress is not only to present the latest information, but also to introduce new ways of thinking about issues that impact men's health.

Day One will feature a comprehensive review of the pathophysiology of testosterone deficiency, innovative perspectives on identifying candidates for testosterone therapy, and an in-depth discussion of the key studies that comprised the TRAVERSE trials, with a focus on their implications for clinical practice.

Day Two will highlight evidence-based insights into non-traditional treatments for erectile dysfunction, such as platelet-rich plasma (PRP) and shock-wave therapy (SWT). We will also explore approaches to male sexual dysfunction from a sex therapist's perspective, followed by a "Meet the Professors" session, providing you with an opportunity to engage with our esteemed faculty and ask any questions you may have.

If you have an interest in testosterone therapy and men's health, I am confident that this congress will offer valuable insights and practical information that you can immediately apply to your practice.

I look forward to meeting you in Amsterdam!

Sincerely,

Abraham Morgentaler, MD, FACS  
Blavatnik Faculty Fellow in Health and Longevity  
Harvard Medical School



**Abraham Morgentaler, MD, FACS**



## Program Overview

### Thursday, 7 November 2024

|                               |               |             |
|-------------------------------|---------------|-------------|
| Registration/Information Desk | 13:00 – 17:00 | P.C. Hoofft |
|-------------------------------|---------------|-------------|

### Friday, 8 November 2024

|                               |               |                  |
|-------------------------------|---------------|------------------|
| Registration/Information Desk | 8:00 – 16:50  | Emerson Foyer    |
| Breakfast*                    | 8:00 – 9:00   | Celia Restaurant |
| General Session               | 9:00 – 12:20  | Emerson          |
| Lunch                         | 12:20 – 13:20 | Celia Restaurant |
| General Session               | 13:20 – 16:50 | Emerson          |

### Saturday, 9 November 2024

|                               |               |                  |
|-------------------------------|---------------|------------------|
| Registration/Information Desk | 8:00 – 15:00  | Emerson Foyer    |
| Breakfast                     | 8:00 – 9:00   | Celia Restaurant |
| General Session               | 9:00 – 12:15  | Emerson          |
| Lunch                         | 12:15 – 13:15 | Celia Restaurant |
| General Session               | 13:15 – 15:00 | Emerson          |

NOTE: All sessions will take place on the lobby level of the Kimpton de Witt Amsterdam

\* Breakfast is exclusively available for registered guests staying at the Kimpton de Witt. Light refreshments will be served during the congress.

# Speakers



**Abraham Morgentaler, MD, FACS**

**DIRECTOR**

Executive Secretary  
Androgen Society  
Blavatnik Faculty Fellow in  
Health and Longevity  
Harvard Medical School



**Hugh Jones, BSc (Hons), MBChB, MD, FRCP (London), FRCP (Edinburgh)**

Consultant Physician and  
Endocrinologist  
Barnsley Hospital  
Hon. Professor of Andrology  
Division of Clinical Medicine  
University of Sheffield, Sheffield



**Leen Antonio, MD, PhD**

Endocrinologist/Andrologist  
Department of Endocrinology  
University Hospitals Leuven  
Assistant Professor  
Department of Chronic Disease  
and Metabolism of the Faculty  
of Medicine  
KU Leuven, Belgium



**Mohit Khera, MD, MPH, MBA**

Professor of Urology  
F. Brantley Scott Chair in Urology  
Director, Laboratory for  
Andrology Research  
Medical Director  
Executive Health Program  
Medical Director  
Scott Department of Urology  
Baylor College of Medicine



**Marianne Brandon, PhD**

Clinical Psychologist in Sex  
Therapy  
Private Practice



**Herman Leliefeld, MD, PhD, FEBU**

Urologist  
Andros Clinics, The Netherlands  
Founder and President  
Dutch Society of Impotence  
Research  
Former Staff Member  
Urology Department  
St. Antonius Hospital Utrecht



**Janine David, MBBCh, DRCOG, DFFP, MRCGP, FECSM**

GP, Partner and Trainer  
Associate Andrologist Urology  
Department  
The Princess of Wales Hospital,  
Bridgend



**Abdul Traish, PhD**

Professor Emeritus, Urology  
Professor Emeritus,  
Biochemistry  
Boston University School of  
Medicine  
Editor-in-Chief  
*Androgens: Clinical Research and  
Therapeutics*



**Geoffrey Hackett, MD**

Consultant in Urology  
Professor of Sexual Medicine  
Aston University Birmingham  
Consultant in Urology and  
Sexual Medicine  
Spire Little Aston Hospital  
Birmingham



**Michael Zitzmann, MD, PhD, FRSM, FECSM**

Professor of Endocrinology and  
Andrology  
Centre of Reproductive Medicine  
and Andrology (CeRA)  
Münster University Clinics  
Germany

# Scientific Program

All sessions are located in Emerson unless noted otherwise.

## Friday, 8 November 2024

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8:00 – 16:30 REGISTRATION/INFORMATION DESK HOURS (Location: Emerson Foyer)

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### SESSION 1

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9:00 – 9:05 Introduction and Welcome Morgentaler

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9:05 – 9:20 The Importance of Testosterone in Men's Health Morgentaler

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9:20 – 9:40 History of Testosterone Therapy: Where We Have Been and Where We Are Going Traish

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9:40 – 10:00 What's in a Name? Understanding the Terminology Morgentaler

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10:00 – 10:20 Physiology and Pathophysiology of Testosterone Deficiency Traish

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10:20 – 10:30 Question-and-Answer Session

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10:30 – 10:50 REFRESHMENT BREAK

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### SESSION 2

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10:50 – 11:10 The Role of Testosterone in Obesity and Diabetes Jones

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11:10 – 11:30 Should Functional Testosterone Deficiency Be Treated? Zitzmann

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11:30 – 11:50 Re-evaluating the Role of Free T and SHBG Antonio

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11:50 – 12:10 Who Is a Candidate? The Marriage of Guidelines and Clinical Experience for Testosterone Therapy Morgentaler

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12:10 – 12:20 Question-and-Answer Session

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12:20 – 13:20 LUNCH BREAK (Location: Celia Restaurant)

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### SESSION 3

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13:20 – 13:35 TRAVERSE – Cardiovascular Results Jones

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13:35 – 13:50 TRAVERSE – Sexual and Prostate Results Khera

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13:50 – 14:05 TRAVERSE – Bone and Anemia Results Zitzmann

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14:05 – 14:20 TRAVERSE – Diabetes Results Hackett

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14:20 – 14:30 TRAVERSE – Overall Commentary Traish

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14:30 – 14:50 Panel Discussion

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14:50 – 15:00 Question-and-Answer Session

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15:00 – 15:20 REFRESHMENT BREAK

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# Scientific Program

All sessions are located in Emerson unless noted otherwise.

## Friday, 8 November 2024 (continued)

### SESSION 4

|               |   |         |
|---------------|---|---------|
| 15:20 – 15:40 | Addressing the X Factor in Human Sexuality  | Brandon |
| 15:40 – 16:00 | Is Testosterone Important for Bone Density? | Antonio |
| 16:00 – 16:20 | Preserving Fertility in T-Deficient Men     | Khera   |
| 16:20 – 16:30 | Question-and-Answer Session                 |         |

## Saturday, 9 November 2024

8:00 – 15:00 REGISTRATION\INFORMATION DESK HOURS (Location: Emerson Foyer)

### SESSION 5

|               |   |          |
|---------------|---|----------|
| 9:00 – 9:15   | Platelet-Rich Plasma (PRP) and Shockwave Therapy (SWT) for Erectile Dysfunction: What's the Evidence? | Khera    |
| 9:15 – 9:30   | A Sex Therapist's Approach to Low Libido  | Brandon  |
| 9:30 – 9:45   | Results of the ABCD Audit   | Jones    |
| 9:45 – 10:00  | Other Risks of Testosterone Therapy and How to Monitor Men  | Zitzmann |
| 10:00 – 10:20 | The Future of Intimacy  | Brandon  |
| 10:20 – 10:30 | Question-and-Answer Session   |          |
| 10:30 – 10:50 | REFRESHMENT BREAK   |          |

### SESSION 6

|               |  |                               |
|---------------|--|-------------------------------|
| 10:50 – 11:15 | Management of Complex Clinical Cases: A Case-Based Session | David, Jones, Khera, Zitzmann |
| 11:15 – 11:30 | Post-finasteride Syndrome: New Insights                    | Leliefeld                     |
| 11:30 – 12:15 | <b>Keynote:</b> Testosterone, Science and Human Dignity    | Morgentaler                   |
| 12:15 – 13:15 | LUNCH BREAK (Location: Celia Restaurant)                   |                               |

### SESSION 7

|               |   |        |
|---------------|---|--------|
| 13:15 – 13:35 | Opioids and Testosterone                          | David  |
| 13:35 – 13:50 | What I See for the Future of Testosterone Therapy | Traish |
| 13:50 – 15:00 | Meet the Professors: Question-and-Answer Session  |        |

## Access Presentation Materials

Presentation materials are available online through the Syllabus Portal. You are welcome to save or print the PowerPoint presentations individually. After the meeting, a bulk download feature will be enabled, allowing you to save all presentations in a single zip file for permanent archiving.

[www.t4leducation.com/syllabus](http://www.t4leducation.com/syllabus)  
password: amsterdam@24



## Technical Support

Should you have any technical issues, please stop by the hospitality desk or email [support@agrimeetings.com](mailto:support@agrimeetings.com).

## Accreditation Statement

The Testosterone Therapy and Men's Health Congress, Amsterdam, Netherlands 08/11/2024 - 09/11/2024, has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 10.5 European CME credits (ECMEC®s). Participating medical specialists should claim only those hours of credit that they actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of *AMA PRA Category 1 Credits*™. Information on the process to convert EACCME® credit to AMA credit can be found at [edhub.ama-assn.org/pages/applications](http://edhub.ama-assn.org/pages/applications).

Live educational activities occurring outside of Canada that are recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

## How to Claim Credit

To claim your credits, you must complete both the Attendance Attestation and Congress Evaluation Forms. These forms can be accessed through the Syllabus Portal or by scanning the adjacent QR code.

Credits will be awarded based on your actual participation as documented in the Attendance Attestation Form, in compliance with UEMS criteria 22 from 2023.07. Completion of the Congress Evaluation Form is required to obtain your certificate. Your feedback is invaluable in enhancing future events.

Certificates will be sent via email within 30 days after we receive your completed forms.











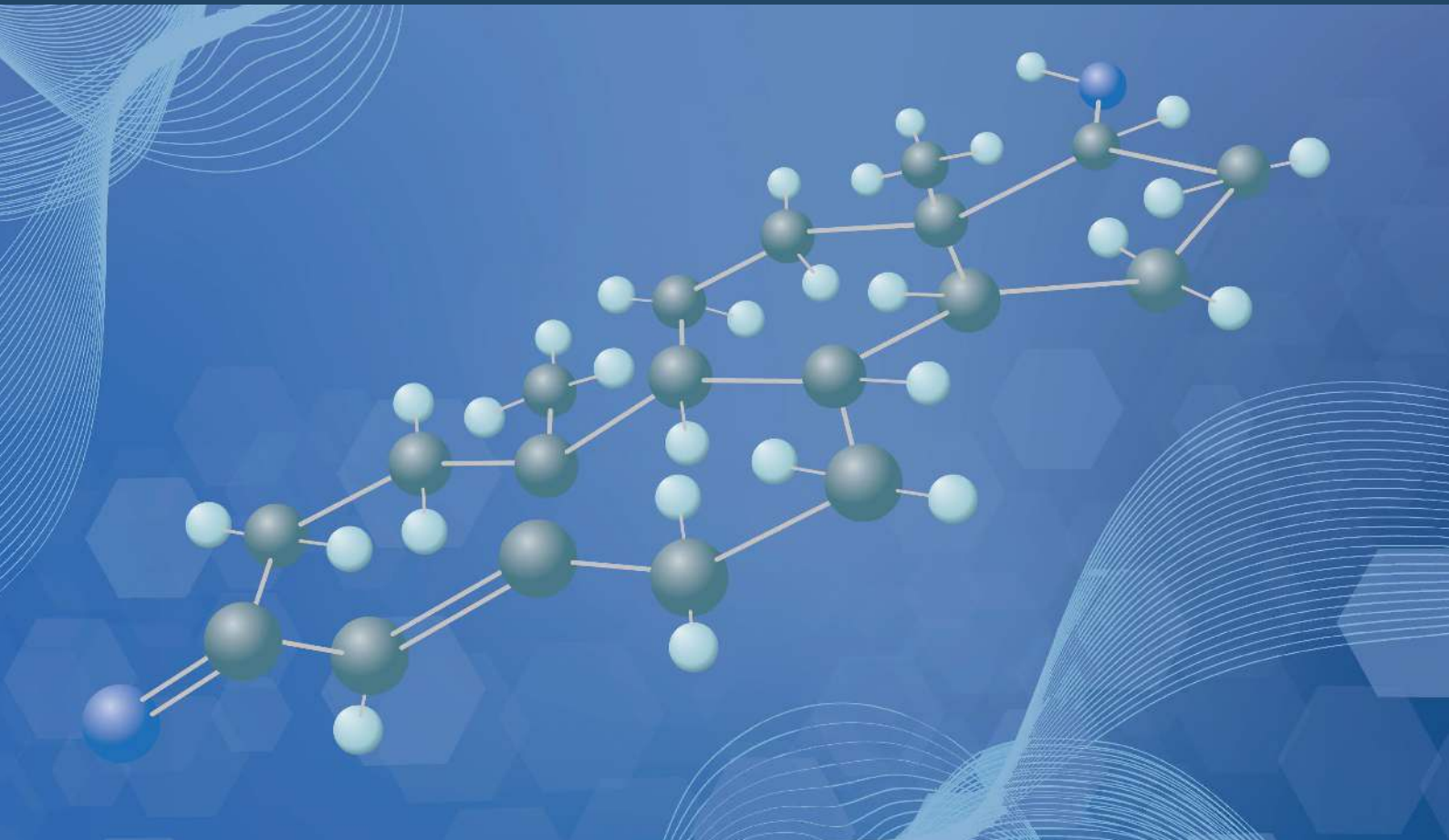




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## 8-9 November 2024

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**Conference Agency**  
Agri Meetings, LLC  
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